



**KARAPIRO**  
**APRIL 12-14 2024**

**3 DAYS | 3 DISCIPLINES | 1 WEEKEND**

Compete on all three days or  
create a tailor-made weekend of your favourite discipline or two!

## Shorland Peugeot Cycle Karapiro Final Competitor Notes 2024

Welcome to the Shorland Peugeot Cycle Karapiro! We are thrilled to welcome you to this event where you can take on the 50km, 90km or 180km courses. Please read through the final competitor notes below and use these for your final preparations into this weekend's event.

### **NOTE: MOST IMPORTANT SAFETY INFORMATION – we want every rider to return to the finish line safely!!!!**

- **At ALL TIMES, cyclists must abide by ALL road rules – you do not automatically have the right of way.**
- **KEEP LEFT at ALL TIMES and do not cross the centre line. Please observe this for your own safety as ALL ROADS ARE OPEN to other road users.**
- **Safety and following ALL road rules are of the highest priority for this event.**

### **Event Day Timetable**

5:30am – 10:30am	Registration opens & late entries taken in the Sir Don Rowland Centre
6:50am	180km safety briefing at start chute
7:00am	180km event start
9:20am	90km safety briefing at start chute
9:30am	90km event start
10:50am	50km safety briefing at start chute
11:00am	50km event start
**1:00pm	** <i>Cut off time to start another lap</i>
2:00pm – 4:00pm	Good George Brewing Co bar open
3:30pm – 4:00pm	Prize Giving

### **Travel & Parking**

Travel to the [event venue](#) at Mighty River Domain is accessible from varying directions, please ensure you leave ample time to arrive at the event ahead of collecting race packs from registration and allowing yourself enough preparation time ahead of starting your race. We'd recommend checking for any current road closures, detours, or delays ahead of travel and amending your route accordingly.

PLEASE NOTE: Due to the closure of the hydro dam, there will be NO vehicle access to the venue via the dam if coming from a southern direction. You will need to go via Cambridge, so allow an extra 20mins of travel time. Once you arrive at Mighty River Domain, please enter via Gate 2 and follow all parking marshal instructions.

Whilst travelling to the Mighty Waikato, make the most of your trip and check out what else there is to do in the area around your race day/s. [Where to eat and drink](#) or [top 10 things to do](#) outside of the event when [exploring the area](#).

## Event Race Numbers

Every participant will receive an official race number. This is allocated to your personal information and entry type to record you as you pass over timing mats around the course and provide your official finishing times.

Your timing transponder is attached to the number which wraps around your seat post. It cannot be bent or cut as this will damage the chip. You will also have a sticker number which is to be placed on the front of your helmet.

## Start / Finish

The start / finish chute is located on Judd Lane alongside the lake front by the boat ramp within Mighty River Domain.

Starts – We ask all cyclists to remain around the start chute until they are called into the chute. If you are an elite and aiming for a quick time, please head towards the front and if you know you'll be on the course for longer, move towards the back to ensure you are riding with others of a similar ability therefore reducing the possibility of accidents. This is very important. For safety, there will be a full briefing on the start line.

As all competitors have a timing transponder, nobody is disadvantaged as all cyclists will receive their ride time from when they cross the antenna mats at the start line. Gun time will be used for the first three competitors across the finish line, but transponder time will be used to calculate 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group for safety reasons.

**Please support our amazing sponsors, event partners and funding organisations. We couldn't bring this event to life without them 😊**

---

## PARTNERS

---

**HUBB**

SHORLAND



PEUGEOT

**THORLO**  
FOOT PROTECTION

*teamline*<sup>TM</sup>



**LYRE'S**  
NON-ALCOHOLIC



**vista**<sup>TM</sup>



**The Mighty Waikato**  
Where magic runs deep

Lake **Karāpiro**

**Waipa**  
DISTRICT COUNCIL



## Course Description

The race will begin on Judd Lane under the Start / Finish gantry by the boat ramp within Mighty River Domain.

### - **180km Course**

- All cyclists will ride out Gate 1 of Mighty River Domain and turn LEFT into Maungatautari Road for approximately 3.5km to the corner of Luck At Last Road and Maungatautari Road. All cyclists will do a U-Turn and head back towards the Mighty River Domain on Maungatautari Road heading towards the cycle course circuit. Ride along Maungatautari Road, before heading left into Lamb Street, left into Cambridge Road, and left into Puahue Road. Left again into Long Road, right into Chamberlain Road and straight into Rotoorangi Road, before heading back to Lamb Street.
- **Cyclists will turn LEFT into Lamb Street to complete another lap (four laps in total to complete 180km) or RIGHT to head back to Mighty River Domain to the finish chute once all laps have been completed.**

### - **90km Course**

- All cyclists will ride out Gate 1 of Mighty River Domain and turn RIGHT into Maungatautari Road heading towards the cycle course circuit. Ride along Maungatautari Road, before heading left into Lamb Street, left into Cambridge Road, and left into Puahue Road. Left again into Long Road, right into Chamberlain Road and straight into Rotoorangi Road, before heading back to Lamb Street.
- **Cyclists will turn LEFT into Lamb Street to complete another lap (two laps in total to complete 90km) or RIGHT to head back to Mighty River Domain to the finish chute once all laps have been completed.**

### - **50km Course**

- All cyclists will ride out Gate 1 of Mighty River Domain and turn RIGHT into Maungatautari Road heading towards the cycle course circuit. Ride along Maungatautari Road, before heading left into Lamb Street, left into Cambridge Road, and left into Puahue Road. Left again into Long Road, right into Chamberlain Road and straight into Rotoorangi Road, before heading back to Lamb Street.
- **Cyclists will turn RIGHT to head back to Mighty River Domain to the finish chute (one lap in total to complete 50km).**

All corners will be marshaled and signed, but roads are OPEN so please follow all NZ rules. There will also be signage warning of aid station coming up and distance markers etc.

**NOTE: Special Caution required when riding along Cambridge Road - Please ride in SINGLE FILE at all times.**

## Right Hand Turns

These will be controlled by the marshal staff; however, we ask that all cyclists abide by all road rules at all times and make their own safety checks before crossing the road. Do NOT rely on the marshals alone!

## **Cut Off Times**

For safety purposes, and to ensure all riders are off the course ahead of course closure, no cyclists will be allowed to begin a new lap of the course from 1:00pm.

If you are unable to complete your registered distance due to the cut off, you will be moved down to the subsequent distance you do end up completing.

## **Course Maps**

These can be found online here - <https://www.cyclekarapiro.com/athletes/course-maps/>

The elevation of the course can also be viewed [HERE](#) for your information.

## **Safety Tips**

- Aero bars are allowed to be used during this event ONLY when you are by yourself and not near other cyclists or in a bunch. If you are seen using aero bars whilst riding in a bunch or near other riders, you will be automatically disqualified and removed from the course – no exceptions.
- Always ride on the left-hand side of the road, under no circumstance do cyclists cross the centre line.
- Never turn your head around in a bunch – you are likely to wobble.
- At all times, signal your intentions well before you move.
- Never answer your cell phone when riding in a bunch.
- Don't drink or eat while riding in a bunch, go to the back.
- Be careful not to overlap your wheels with other cyclists when riding in a bunch.
- At all times, be prepared for sharp corners.
- If walking at any stage, stay as far left as possible so not to hinder other cyclists passing.
- If you need to do repairs, please move completely off the road to a safe area.

## **Aid Stations**

There is one aid station out on the course due to it being a loop circuit. This will be located on Lamb Street at the gateway to Cambridge Polo Club (approx. 100m north of Rotoorangi Road on the left-hand side). This will be at the start of the circuit at approximately the 50km, 100km and 150km points in your race.

Water and R-Line electrolyte drink will be available at the aid station as well as a portaloos toilet. You will need to stop and refill your own bottles, there will not be bottles being handed out. Please dispose of any rubbish at the aid station, not out on the course.

There will also be an aid station on Judd Lane by finish chute for when you have completed your race to replenish.

## **Support Crews / Vehicles**

There is no need for support crew or vehicles to be on the road due to the course being a loop circuit. We ask that supporters DO NOT follow riders around the course for the safety of all the riders to minimize the amount of traffic on the course.

### **Listening Devices**

At no stage during the event may any competitor use any forms of listening devices for safety reasons.

### **Event Referees and Staff**

There are many event referees on motorbikes and in cars. Cyclists breaking traffic rules, or caught riding over aggressively causing hazards to others, or using their aero bars in a bunch / around others will be instantly disqualified. The decision of Event Promotions marshal referee's, in conjunction with the Event Director, is final and no discussion or correspondence will be entered into. Please always show courtesy to others.

### **Showers / Toilets**

There are showers available for \$6.00 at the event venue. Please see the Mighty River Domain office for more information onsite.

Toilets are also available at registration in the Sir Don Rowland Centre, alongside the Start / Finish chute and at the aid stations.

### **Results**

A full set of results for all finishers will be available [HERE](#) for all distances on the evening of the event day.

### **Finishers Medal**

All competitors will receive a stunning finishers medal. Competitors will be awarded their medal on the finish line once having completed their allocated 50km, 90km or 180km ride.

### **Prize Giving**

Prize giving will be held at 3:30pm on stage in the Sir Don Rowland Centre. Here we will commend our top male and female finishers, as well as merit prizes for the age group winners and present some spot prizes.

Competitors must be present at prize giving to be eligible for spot prizes.

The Good George Brewing Co bar will be open in the Sir Don Rowland Centre from 2:00pm.

### **Official Event Photos**

Marathon Photos are the exclusive event photographers who will be capturing participants out on the course whilst you take on your chosen distance and discipline.

Your personalized images are a great way to remember the event and may be viewed in the week following the event [HERE](#).

### **Event Merchandise**

If you have pre ordered merchandise, this will be available to collect from the merchandise area on the day of your event alongside registration. We will have limited additional stock available for purchase.

If you do not collect your merchandise at the event, we can post it to you after the event, however there will be an additional postage fee (\$5.00) which needs to be paid ahead of posting.

## Food and Beverages at Event HQ

Mighty River Domain is a world class venue, and they have a great café onsite, Podium, which will be open each day for you to purchase a variety of food and beverages.

The event bar, hosted by Good George Brewery Co, will also be open ahead of prize giving in the Sir Don Rowland Centre from 2:00pm.

## Dogs

Dogs are NOT permitted at the event venue. Please ensure you leave your furry friends at home.

## FAQ's

There is a list of FAQs on the website if we haven't answered anything above. Click [HERE](#).

**We hope you have an amazing day out there from The Long Course Weekend  
New Zealand Team - Proudly brought to you by Event Promotions.**



The banner features four logos for different disciplines: 1. A fern leaf logo for 'LONG COURSE WEEKEND NEW ZEALAND'. 2. A blue swirl logo for 'HUB SWIM KARAPIRO' with distances '1km, 1.9km or 3.8km'. 3. A pink swirl logo for 'SHORLAND PEUGEOT CYCLE KARAPIRO' with distances '50km, 90km or 180km'. 4. A yellow swirl logo for 'THORLO FOOT PRODUCTION KARAPIRO MARATHON' with distances '5km, 10.5km, 21.1km or 42.2km'. Below the logos, the text reads 'KARAPIRO APRIL 12-14 2024' and '3 DAYS | 3 DISCIPLINES | 1 WEEKEND'. At the bottom, it says 'Compete on all three days or create a tailor-made weekend of your favourite discipline or two!'.

Information on other events run by Event Promotions can be found online here:

<https://eventpromotions.co.nz/>